WE CLAIM:

- 1. A fletching for an archery arrow shaft comprising:
- a flexible vane having a generally tapered profile extending from a narrow end to a wide end; and
- a kicker integrated with a perimeter of the wide end of the flexible vane, the kicker having a concave portion extending tangentially from the flexible vane.
- 2. The fletching of Claim 1 wherein the kicker is molded to the flexible vane.
- 3. The fletching of Claim 1 wherein the kicker comprises the same material as the flexible vane.
- 4. The fletching of Claim 1 wherein the kicker comprises a different material from the flexible vane.
- 5. The fletching of Claim 1 wherein the kicker is stiffer than the flexible vane.
- 6. The fletching of Claim 1 wherein the kicker is integrated to place the flexible vane under tension.

- 7. The fletching of Claim 1 wherein the flexible vane is concave.
- The fletching of Claim 1 wherein the kicker is positioned flush 8. with the perimeter of the flexible vane.
- 9. The fletching of Claim 1 further comprising: a plurality of microgrooves extending longitudinally across at least one side of the flexible vane.
- 10. The fletching of Claim 1 wherein the flexible vane extends parallel with a longitudinal axis of the arrow shaft.
- A fletching for an archery arrow shaft comprising: 11. a flexible vane extending longitudinally along the arrow shaft; and a kicker molded into a perimeter of the flexible vane, the kicker formed along an arcuate path and including a concave portion extending away from the flexible vane.
- The fletching of Claim 11 further comprising: a plurality of microgrooves extending longitudinally across at least one side of the flexible vane.

12.

- 13. The fletching of Claim 11 wherein the kicker is integrated to place the flexible vane under tension.
 - 14. The fletching of Claim 11 wherein the flexible vane is concave.
- 15. The fletching of Claim 11 wherein the kicker is stiffer than the flexible vane.
- 16. The fletching of Claim 12 wherein the flexible vane extends parallel with a longitudinal axis of the arrow shaft.
- 17. A method of manufacturing a fletching for an archery arrow shaft comprising:

molding a flexible vane; and co-molding a kicker into a perimeter of the flexible vane.

- 18. The method of Claim 17 further comprising: creating tension in the flexible vane following integration of the kicker.
- 19. The method of Claim 17 further comprising:co-molding the kicker from a stiffer material than the flexible vane.

- 20. The method of Claim 17 further comprising:

 attaching the flexible vane to the arrow shaft parallel to a longitudinal axis of the arrow shaft.
- 21. An arrow vane for an archery arrow shaft, the arrow vane comprising:
- a flexible vane having a first side and an opposite second side; and a foot extending along a base of the flexible vane, the foot bowed along a lower edge so that when the foot is straightened, the first side of the flexible vane is concave.
- 22. The arrow vane of Claim 21 wherein the flexible vane comprises a generally tapered profile extending from a narrow end to a wide end.
- 23. The arrow vane of Claim 21 wherein the first side includes a surface roughness greater than the second side.
- 24. The arrow vane of Claim 21 wherein the first side includes a plurality of microgrooves extending longitudinally along the flexible vane.

25. A fletching for an archery arrow shaft comprising:

a flexible vane extending longitudinally along the arrow shaft, the flexible vane having a concave first side and an opposite, convex second side, the first side having a greater surface roughness than the second side.